

**Preparation
for
handover**

**Age of
transition**

**Parental
involvement**

Mind the gap

Technology

**Transition
services**



What one thing could we do differently to better support young people's transition from CYP to adult services?



Preparation for handover

Collaboration and face to face contact between CYP and adult services

What one thing could we do differently to better support young people's transition from CYP to adult services?



Parental involvement

Ensuring the parents continue to have an active role after young people turn 18

What one thing could we do differently to better support young people's transition from CYP to adult services?



Mind the gap

Help young people who don't meet the threshold for AMHS to find other forms of support

What one thing could we do differently to better support young people's transition from CYP to adult services?



Technology

Signpost guided self help
and online options before
young people are due to
exit CYPMHS

What one thing could we do differently to better support young people's transition from CYP to adult services?



Age of transition

Extend the upper age limit for CYPMH services beyond 18

What one thing could we do differently to better support young people's transition from CYP to adult services?



Transition services

Offer services that straddle CYP and adult mental health services, or offer a 'life cycle' option